



3548 Meridian Street Suite 101, Bellingham, WA 98225

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Post Vasectomy Patient Instructions

Please read collection instructions before collecting sample.

Patient: _____ DOB: _____

Collection Date: _____ Collection Time _____: _____ AM/PM

Number of weeks since Vasectomy: _____ weeks

Number of Days since last ejaculation: _____ days

Was complete sample collected: YES NO (if no, please describe)

Date and time sample received at laboratory: _____

Patient Instruction for Collecting a Post Vasectomy Semen Sample:

1. Obtain a sterile, wide-mouthed container from you physician's office or the laboratory. Write your full name, date of birth, and collection date and time on the container.
2. Refrain from sexual activity for 48 hours, but no more than seven (7) days before collecting.
3. The sample will be collected at home by manual stimulation, submit the entire specimen to the laboratory with in two (2) hours of collection.
4. **DO NOT** use withdrawal method, **DO NOT** use condoms or lubricants to collect sample. These methods will cause the sample to be rejected.
5. If you have problems collecting the sample, please call your provider.

NW Laboratory (Main Lab):

3548 Meridian Street, Suite 101
Bellingham, WA 98225
(360) 527- 4580
Monday – Friday 6:00 a.m. to 7:00 p.m.
Saturday 8:00 a.m. to 01:00 p.m.

NW Laboratory in Fairhaven

3115 Old Fairhaven Parkway
Bellingham, WA 98225
(360) 527- 4580
Monday – Friday